

Permanent Crowns/Bridges

After wearing a temporary crown or bridge you may have had some sensitivity to cold or biting. This may be normal. However, hot sensitivity, throbbing, or waking you from sleep are indications that you will need a root canal. Anytime a tooth is worked on, there is a possibility of needing a root canal. This is true even with a filling. By getting a crown or bridge in a timely manner, we **MAY** be able to prevent a root canal. We cannot cement your permanent crown or bridge until the root canal has been completed.

Let the Doctor or Assistant know if you would like to be numb to cement your permanent crown. If you choose not to have anesthetic, you may feel some sensitivity throughout the procedure but normally it is tolerable and subsides quickly. Before we cement the crown or bridge, we will place a desensitizer. This will help with sensitivity but may feel cold at first. The cement may also feel cold. If you have lingering sensitivity, Ibuprofen is recommended. Let us know if the sensitivity continues or worsens. You may need to have your bite adjusted as this will not wear down by itself. After we cement the crown, wait an hour before eating to allow the cement to fully set, and then you can brush & floss this area.

It is important to have a cleaning at least every six months to maintain good oral health and to ensure the best prognosis for your restoration. The average life span for a crown or bridge is about 5-10 years for patients who have regular cleanings and good home care. Make sure to brush and floss daily. An electric toothbrush is recommended. Failure to do this will shorten the life span of a crown or bridge. A crown/bridge can re-decay even if you have had a root canal. We will check your restorations at every hygiene visit and take annual x-rays to be sure of proper fit and seal. Treat your crown/bridge like you would your other teeth. Refrain from smoking and sweets. Stay away from sticky, tacky, and gooey foods such as gum or candy. These are likely to remove the restoration and/or break it.

Patient signature

Date