

# Temporary crowns or bridges

After your temporary crown or bridge is placed, be careful when biting into food and when eating. Don't eat sticky or hard foods as they may pull the temporary off. You may not be able to bite or chew directly on the temporary because the temporary is softer (made of acrylic) than a permanent crown or bridge and may not be able to withstand the force of your bite. If you feel like you are hitting your temporary first or hardest, it is important to contact us so we can make proper adjustments. The temporary will not wear down and will "bruise" the socket if no adjustment is made.

If your temporary comes off put it back on the best you can. The temporary only fits one way so turn it around until it fits. You can place a temporary back on with a denture adhesive or over the counter restorative cement. You can call our office and make an appointment to come in on the next business day available. It is important that your temporary be on for the entire time because it protects the tooth from food and bacteria, prevents the teeth around it from shifting, and prevents the gum tissue from growing over the crown preparation. If a temporary is not worn, a new impression is sometimes necessary which may be an additional cost to you. There is no additional cost for recementing a temporary. Refrain from wearing night guards and retainers while in temporary.

Brush your temporary the same as all your other teeth. Floss daily by pushing the floss down towards the gum tissue and sliding out. Use mouthwash to ensure your gum tissue stays as healthy as possible. We are not able to cement a permanent crown if the gum tissue is not healthy.

Call the office immediately (770-889-8420) if you experience hot sensitivity, throbbing pain, or if the tooth wakes you up at night. These are symptoms requiring a root canal and we will not place the permanent crown if you are experiencing any such discomfort. Cold sensitivity and sensitivity to biting are normal and ibuprofen or other anti-inflammatories are recommended. You can take up to 800mg ibuprofen every 6 hours as needed. (Any time a tooth is worked on, the possibility of needing a root canal is increased- even for a filling).

Signature\_\_\_\_\_ Date\_\_\_\_\_